

# **Mahatma Gandhi Shati Smarak Mahavidyalaya**

## **Garua Maksoodpur, Ghazipur**

### **Department of Psychology**

#### **Undergraduate Program (B A/ B Sc)**

##### **Program Outcome (After 3 Years)**

The learning outcomes that student should be able to exhibit on completion of a degree level program in Psychology are as follow:

- ❖ Comprehension about the discipline, its research methods, related theories and models.
- ❖ Knack to link up theory with individual experiences and varied applied settings.
- ❖ Capacity to practice professional skills in the area of psychological testing, assessment and counseling.
- ❖ Development of skills in specific areas related to specific specialization (e.g. psycho-diagnostics, counseling, learning disability, health, community mental health and organizational behaviors.
- ❖ A general understanding about how knowledge of psychology can be applied to benefit the management and/ or amendment of problems of mankind.
- ❖ Capability to articulate ideas in appropriate manner, with scientific writing and authentic reporting.
- ❖ Sensitivity towards diverse contexts, ethnic groups, minorities, marginalized groups and gender issues.
- ❖ Development of skills and attributes of empathy, team work, Group dynamics, coordination, cooperation, conflict resolution, and congruence in the group.

##### **Program Specific Outcomes**

- At the completion of this program from GGPGC, Ghazipur the learner are able to understand the underlying mental and physiological process of behaviors of self and others.

- Student will be familiar to the emerging scope and application of psychology in modern times.
- Students will be able to understand various approaches, methods and techniques to understand the studying behavior from lab to field.
- Students will be able to study human behavior at various levels like- to understand behavior, to explain behavior, to predict behavior and to control it.
- Students will be able to gain knowledge of both theories and practice of core areas of psychology through class room and extensive lab/field activities.
- Learner are able to understand various types of behavior in their Biological, Psychological, social, economical, political and cultural context and apply them accordingly.
- Students are able to understand abnormal/deviant behavior of self and others; deal effectively daily life problems and counsel others to cope it appropriately.

**Course Outcome:**

**Semester: I**

***Basic Psychological Processes***

The students will learn about the fundamental processes and core psychological concepts, models, classical theories, varied perspectives, and will be able to apply them in their own and in others lives. It will also give the learner a clear understanding of the concepts like intelligence, motivation, emotion and personality. It will develop critical analytical skills regarding these individualistic traits.

***Lab Work***

Students will be imparted a variety of skills to design and conduct psychological experiments ensuring controlled conditions, report writing and interpretations of the report.

**Semester: II**

***Basic Research Methodology and Statistics***

The learners will be able to comprehend psychological data and can put them on appropriate scaling method. Moreover, they will be getting hold of essentials of psychological testing along with various kinds of tests implemented.

### ***Lab Work/ Psychological Testing***

Students will be conferred an array of skills to carry out experiments in lab settings, design and conduct psychological experiments ensuring controlled conditions, report writing and interpretations of the report.

### **Semester: III**

### ***Psychology of Social Behavior***

By the end of the course, students will be able to summarize general information, through in-class discussion and assignments, pertaining to social psychological theories and an opportunity to apply social psychological theories to their lives. Critically evaluate research to understand and explain distressing human social behavior and relate social psychological concepts and theories to the context of historic and current world, national, and local events.

### ***Lab Work and Measurement of Social Behavior***

Students will be exposed to the mixture of skills such as how to conduct a psychological experiment for understanding social behavior as well as psychological measurements and scientific reporting of the data.

### **Semester: IV**

### ***Abnormal Psychology***

The students will be able to understand criteria of abnormality and one's own behavior and behavior of others. By applying the knowledge of assessment, diagnosis, classification system and DSM categories, the learners' will develop the sensitivity towards individual diversity and various approaches to the diagnosis and treatment of psychological disorders. Summarize clinical features of symptoms, etiology and valid and reliable treatment of diagnostic categories of mental health disorders.

### ***Assessment/Testing***

At the end of the course, the students will be imparted a variety of proficiency to conduct the screening and assessment of psychological tools for examining developmental issues and disorders. The practicum of case study will let the students learn and execute an indepth investigation of a single person, group, event or community.

### **Semester: V**

#### ***Life Span Human Development***

At the end of the course, the student will able to develop an ability to identify the milestones in diverse domains of human developments across the child, adolescent and adulthood stages, understand the contributions of socio-cultural context toward shaping human development and acquire an ability to decipher key developmental challenges and issues.

#### ***Positive Psychology***

By the end of the course, the students will be able to understand the basic principles of positive psychology, the major areas within positive psychology that have received a considerable amount of attention, the use of positive psychology tools and techniques in own and in other's life. It will also ease the understanding of positive aspects of human behavior through the wisdom embedded in Indian scriptures like Vedas, Upnishad, Shrimad Bhagwad Gita, Buddhist literature and folk tales.

#### ***Lab Work/Survey/ Field Visit***

After completing this practicum, the student will have an understanding about how to frame research objectives and questions, plan, decide and execute appropriate methods of research, data analysis, interpretation and discussion of the findings.

#### ***Research Project: Problem Identification & Research Proposal Writing***

After completing this practicum, the student will have a comprehensive understanding about carrying out research project, how to frame research objectives and questions, plan, decide and execute appropriate methods of research, and intended data analysis.

**Semester: VI**

***Community and Health Psychology***

At the end of the course the student will be able to recognize that individuals relate to their communities and the reciprocal effect of communities on individuals and will be able to understand and resolve community issues, analyze the data, and recommend interventions that promote community wellness. Moreover, they will be able to use the psychological theories on health-related practices and will be able to examine persons' health history and describe and enact a positive, proactive attitude toward healthy living for oneself and others.

***Counseling Psychology***

At the end of the paper, students will be able to understand how to establish rapport and use various approaches in counseling.

***Survey/Field Visit***

After completing this practicum, the student will have an understanding about how to frame research objectives and questions, plan, decide and execute appropriate methods of research, data analysis, interpretation and discussion of the findings.

***Research Project***

It will help the learner to critically reflect on, review the scientific basis for, and integrate what you have learned and accomplished as a psychology student and will prepare to explore the cultural, social, and ethical impact of psychological application on community and daily life.